

FOR THE LOVE OF WATER

Celebrating the beauty, preciousness, and supreme importance of water.

RAINBOW HALL
KILMACHTHOMAS, WATERFORD

For the Love of Water both celebrates the River Mahon and explores the impact that climate change and other factors are having on its biodiversity. The project lifts off at the All Together Now music festival on July 29 - 31 and then moves to Kilmachthomas from August 5th - 21st.

ALL EVENTS ARE FREE

FRIDAY AUGUST 5TH

The Beat of the River, with John Barron

In this drumming workshop, you will be invited to play and explore percussion and rhythms. These sessions are always relaxed and fun and no experience is necessary. Drums are provided and the facilitator will guide, play and show different rhythms. The group will then devise our own rhythm inspired by the river Mahon.

7 - 8 pm

For the Love of Water opening ceremony

After the drumming workshop there will be a short ceremony to mark the opening of the For the Love of Water climate camp.

8:30 - 9 pm

SATURDAY AUGUST 6TH

Nature Mandalas, With Edel Ní Nualláin

An Eco-Arts workshop Where you will have fun foraging for materials together in nature. We will collect assortments of leaves and flowers and use them to make nature based art mandalas. These mandalas will become part of the decoration of the, 'For the Love of Water', climate camp. All ages and abilities are welcome.

2 - 4 pm

Permaculture For Beginners, With Kieran McBride

During this short talk there will be a discussion on the 12 principles of permaculture in order to gain a better understanding of the key concepts that drive the movement and try to find ways to apply them into our own lives.

6 - 7 pm

SUNDAY AUGUST 7TH

Water is Life Workshop, With Suzie Cahn

Participants will have the chance to get creative with permaculture educator and arts and nature facilitator Suzie Cahn (www.dulra.org). At the start of the workshop you will explore the life in and around the river Mahon. Following this exploration, you will return to the camp and will be facilitated to respond in various art forms to co-create a multi-media story of your experiences. Meeting at the Rainbow Hall climate camp before we start our exploratory journey.

2 - 4 pm

FRIDAY AUGUST 12TH

The Beat of the River 2, With John Barron

In this drumming workshop, you will be invited to play and explore rhythms- These sessions are always relaxed and fun and no experience is necessary. Drums are provided and the facilitator will guide, play and show different rhythms. The group will then devise our own rhythm inspired by the river Mahon.

7 - 8 pm

SATURDAY AUGUST 13TH

Crough Woods & Mahon Falls Walk, With Brenda Cummins & Kieran McBride

During this walk you will amble through the magical Crough woods and follow the path that runs alongside the river Mahon. For the final 20 minutes in Crough woods you will be asked to observe silence so you and the group can be fully immersed into the sights and sounds of the woods and the river. The first part of the walk will finish at Mahon Falls where we will have a picnic and swim in pools under the waterfalls. We will then have the chance to walk back through the woods to our starting point. It will take approximately 1.5 hours to walk to Mahon Falls and around the same time for the return walk back to Mahon Bridge. Meeting at Crough Cafe in Mahon Bridge at 12 to start the walk. Total walk distance: 10.5 km Total walking time: 3 hours Please wear runners or walking shoes as half the walk is on uneven ground and there is an elevation gain of 332 metres. Moderate level of fitness advised. Please bring your own picnic, swimming togs, and plenty of water. In the event of heavy rain or storms this event will be changed

12 - 5 pm

SUNDAY AUGUST 14TH

Water Warrior workshop 1, With Kieran McBride

Come along and make masks from nature based bio-degradable materials. The moment you put on your mask you will become a water warrior and will be asked to take an oath to protect water. A photographic portrait of all water warriors will be taken and all warriors can keep their masks.

12 - 2 pm

Life Beneath the Rapids, With Alan Walshe

Take a walk along the river Mahon and discover the wonderful biodiversity of life that lives alongside and inside the river. Plant habitats and communities along the river margins and banks are riparian zones that provide critical habitat for insects, amphibians, and other wildlife Alan has over 20 years experience working with freshwater environments. He will share his passion and knowledge with you and leave you amazed at what lives in our rivers. Meet at the Rainbow Hall climate camp at 3pm before we begin the walk.

3 - 5 pm

FRIDAY AUGUST 19TH

Be Water' Yoga, With Kieran McBride

In this yoga class we will practice a slow moving, non athletic, meditative style of yoga suitable for all ages and levels of physical ability. No experience of yoga is required. The focus will be on following your breath and surrendering your body to gravity and the earth. We will also offer our gratitude to the river Mahon and all water bodies. Some yoga mats and blankets will be available.

7 - 8 pm

SATURDAY AUGUST 20TH

Water Warrior workshop 2

Come along and make masks from nature based bio-degradable materials. The moment you put on your mask you will become a water warrior and will be asked to take an oath to protect water. A photographic portrait of all water warriors will be taken and all warriors can keep their masks.

3 - 5 pm

Music by the river, With Naoise and Aisling

Join Naoise and Aisling as we sing popular songs from the last few decades with acoustic guitar and harmonies. Naoise and Aisling have been singing together for 6 years and love sharing music with the world. Come sing along with us. We will have an open mic for anyone who wants to sing a song, recite a poem, or a tell a joke.

7 - 9 pm

Cycle City, With Una Dunphy & Kieran McBride

A chance to reimagine Waterford as a city for cyclists and pedestrians. During this workshop we will explore the urban landscape in Waterford and design a new map of the city and region that marks out a fully connected network of cycle lanes and walkways. Hop on your bike and cycle the greenway to join us in the tipi.

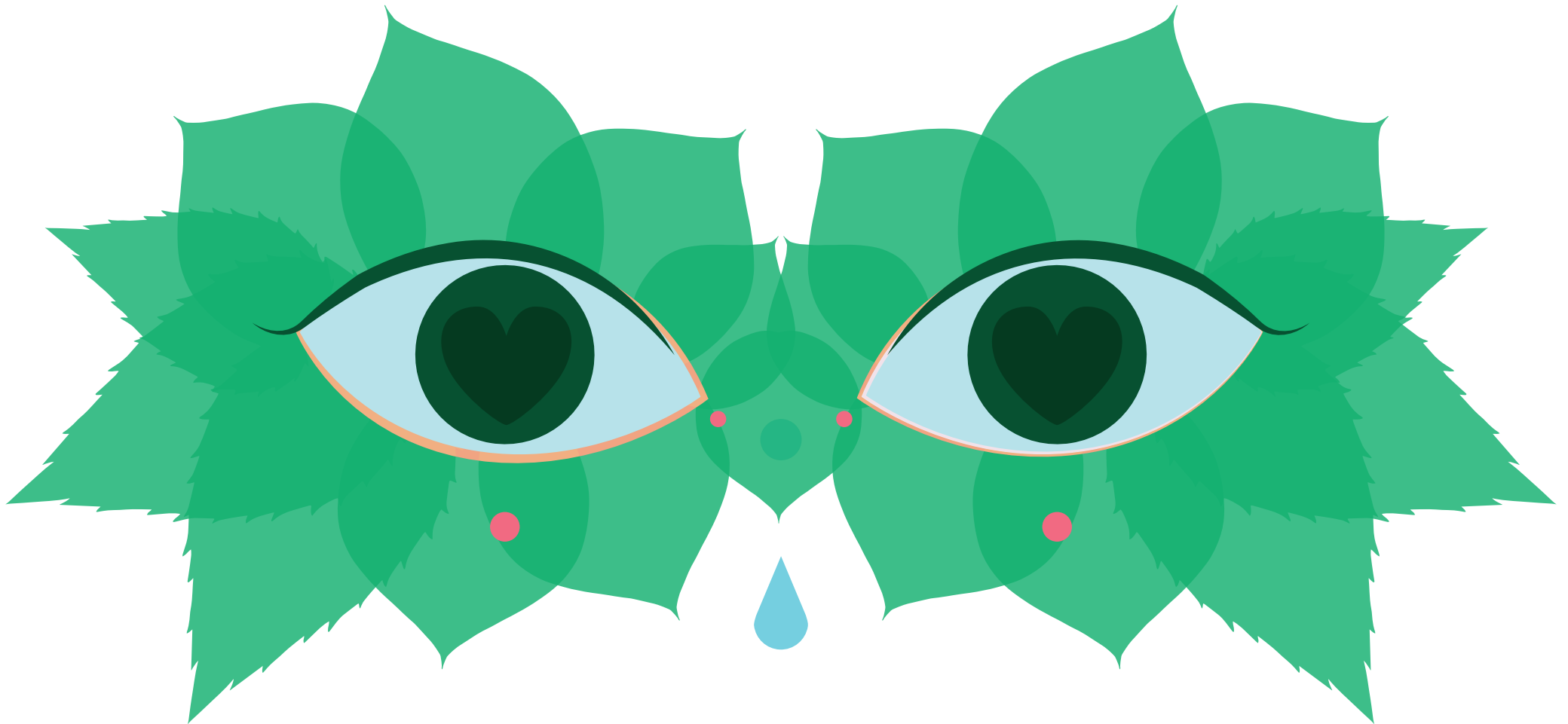
11 - 1pm

For the Love of Water Closing Ceremony, With Katie McShane

All are welcome on Water Heritage Day to celebrate the love of water. Join us in a ceremony of sound and celebration for the Mahon river, from its source to sea. Celebrating the story of the river catchment, the cycle of water and our interrelationship with this most precious source of life. This ceremony will also mark the closing of our climate camp in Kilmachthomas. This event will be facilitated with celebrant and water worker, Katie McShane (www.wisewater.ie) Supported by LAWPRO

3 - 5 pm

FOR THE LOVE OF WATER



Contact Nollaig.Healy@setu.ie for more information

#CreativeClimateAction #actwaterford

ACT Waterford is the first interdisciplinary event of its kind that brings together 5 different communities in Waterford City and County with 5 creatives to help Waterford become a decarbonised zone by 2040. Presented by Waterford City & County Council (WCCC) & South East Technological University (SETU); Funded by the Creative Ireland Climate Action Fund.